

Course Title	Time
Safety Sensitive – What Is Substance Abuse	0:02:14
DOT	0:02:04
What Is Part 40	0:00:55
Prohibited Conduct	0:01:15
Common Drug Panel Test	0:02:45
When Will You Get Tested	0:02:56
Alcohol Testing	0:03:13
Refusal to Test	0:02:33
Removal From Safety Sensitive	0:01:26
Return to Duty	0:01:51
Treatment Options	0:05:38
Reduce Your Risk	0:01:27
Young Alcoholic Mother	0:11:55
What Your Drug Test Will Look Like	0:04:18
Drug Urine Screening	0:05:50
How Much Is Too Much	0:03:27
<b>Addiction</b>	
Session 1	0:13:43
What Is Addiction	0:03:48
Who Suffers With Addiction	0:03:27
Is Addiction a Choice	0:01:01
Risk and Protection	0:03:45
Biological Factors	0:04:37
The Brain	0:05:42
Addicted Mother of 5	0:08:29
<b>Health Consequences</b>	
Session 2	0:38:13
Comorbidity Consequences	0:06:48
Respiratory Effects	0:05:45
Neurological	0:02:36

Mental	0:06:18
Infectious Disease	0:05:45
Addicted Teen	0:19:37
<b>Alcohol</b>	
Session 3	0:21:27
Alcohol Use Disorder	0:09:16
Alcohol and Work Performance	0:08:31
Recovering Alcoholic Interview	0:12:25
Effects of the Body	0:04:03
Fetal Alcohol Exposure	0:12:14
<b>Drugs</b>	
Health Consequences Part 1	0:09:53
Addiction a Chronic Disease	0:02:18
Drugged Driving	0:08:30
Losing Someone to Addiction	0:08:50
Health Consequences Part 2	0:10:59
Chasing the Dragon	0:01:49
Health Consequences Part 3	0:06:00
Viral Hepatitis	0:09:59
<b>Commonly Misused Drugs</b>	
Session 4	0:28:30
CBD	0:15:34
Opioids	0:14:00
Cocaine	0:07:11
Marijuana	0:17:50
Stimulants	0:17:07
Addicted to Meth Interview	0:04:00
Meth	0:06:00
Molly	0:04:21
Inhalants	0:04:21
Heroin	0:03:02
Hallucinogens and Dissociatives	0:04:30

The Dangers of CBD	0:04:01
Is CBD Worth the Hype	0:24:01
The Dangers of Huffing	0:09:35
How Edibles Are Made	0:04:19
<b>Stigma of Addiction</b>	
Session 5	0:20:19
Addressing the Stigma of Addiction	0:04:14
Changing the Stigma	0:04:25
Special Population	
Special Population – Prison	0:08:48
Military	0:01:20
Woman	0:07:15
Older Adults	0:12:44
Vaping and Marijuana in College	0:08:18
LGBTQ	0:01:19
Counselor Interview	0:12:00
<b>Prevention</b>	
Session 6	0:50:05
Prevention Alcohol	0:17:53
Recovery and Relapse	0:03:38
What Is Treatment	0:08:51
Prevention Treatment	0:02:40
20 Years Sober	0:10:30
Treatment Options	11:20:44
Prevention	0:02:34